



South West Association for Continence Advice

Professionals united in continence care

Branch Newsletter '*A year in review*'

Welcome to our very own newsletter, we hope that you will enjoy the contents, don't forget that if you would like to contribute a small piece we will be glad to hear from you!

A short review of our Branch activities during 2008

Lots of things have been happening around the region so here are just a few of the highlights. Many thanks to everyone who has contributed.

Just a year ago.....

*Intrepid local continence advisors
brave the elements to attend
their January AGM....*



But it was well worth it... as an excellent day was had by all.

Everyone should have received the electronic copy of the handout of aids available on prescription produced by Promocon.



Mary-Lou and Lyn



Debra Evans



Chris Sawyer and Daphne

We need your input to make these days worthwhile....please contact any member of the committee if you have ideas for future meetings or would like to present your own local initiative to the group.



Who are NHS Innovations South West?

Chris Sawyer, Business Development Manager

NHS Innovations South West (NISW) is the NHS Innovations Hub for the South West of England, set up to help NHS staff across the 6 counties (Cornwall, Devon, Dorset, Gloucestershire, Somerset & Wiltshire) develop and take forward new innovative ideas – both products and services – to enhance healthcare delivery.

NISW consists of innovation managers, and a network of Trust based Innovation Leaders who will work closely with NHS staff with an aim to bringing these ideas to reality.

A non-profit making organisation, we have a proven track record in developing medical devices, therapeutics, diagnostics, software & service delivery innovations to maximise benefits for patients, NHS staff and the wider healthcare community.

When a member of NHS Staff comes to us with an idea, or 'Intellectual Property' - we will help them to develop it into something commercial and practicable.

NISW has been designed to do the following:

- Establish the benefits of your idea
- Conduct initial research to determine whether your idea is unique
- Evaluate potential demand for your idea
- Explore the ways in which your idea might be modified or improved to meet real demand
- Establish your rights to the idea, as well as those of your Trust and any third party.
- Create a commercial package that works with a private company or third party that will sell your idea in the marketplace
- Ensure equitable rewards for all parties

So, if you have an idea contact us, and we'll see how we can help. But, remember an innovation doesn't have to be grand. Often, the simplest of ideas are the best!

Why not log on to our website are www.nisw.co.uk or give me a call on 01722 326006 to find out more.

“NHS Innovations South Ltd is a company registered in England and Wales with the company number 5836015. The registered office address is Oxford Centre for Innovation, Mill Street, Oxford, OX2 0JX”

Urology referral form abstract:

At the beginning of 2007 the Emergency Department commenced a referral form to the urology nurse specialist. This referral came about after the Department of Health (DOH) introduced the document 'Essence of Care' (2001 DOH). This document looked at a number of essential care topics that affect patients, its main aim is to standardise these topic areas across the NHS and ensure that patients care is of a high and evidence based standard. In our emergency department the topic areas were split up between staff groups. As a member of the bowel and bladder group, we reviewed the continence services available in the department, and introduced a number of things to improve our continence provision in the department. Throughout our process we thought it beneficial to discuss the plans with the urology nurse specialist, to see if there was anything additional we could provide for our patients. During these discussions it was thought that there could be a joint development of services, by setting up a urology nurse specialist referral form. Prior to this patient pathway, the patient would have been referred back to their GP or admitted to hospital and be followed up by the urology medical team usually as an outpatient. The referral form highlighted a number of patients who were later diagnosed with urological cancers. The referral form has been running for under a year; however the feedback from patients and staff has been great and positive.

Sinead Ryan, Continence Advisor
St Martins Hospital, Bath

Product misplacement

Bedtime with Kylie, coffee with Clooney ... are endorsements just another celebrity sell-out?

Carole Cadwalladr
Sunday February 17, 2008
[The Observer](#)

So while I can only stand back and applaud as yet another celebrity attempts to cash in by taking an ordinary household product and stretching it to the very limits of its affordability simply by allowing it to be mentioned in the same breath as his or her name, I am particularly admiring of Kylie's decision to launch a range of overpriced bed linen.

Not simply because of the usual degree of contempt it illustrates of celebrities towards their fans, i.e. the belief that the best way to thank them for the continued support of their career is to lull them into the purchase of superfluous household goods they don't actually need. But because you would have thought that initial research for a new product line might have included someone - Kylie, a minion, a highly paid brand consultant, anyone - seeing what happens when you type 'Kylie' and then 'bed sheets' into a search engine.

OUR LOCAL MEMBERS....

MEMBERS IN THE SPOTLIGHT...



KATE KLYS,
Somerset PCT

What is your favourite film?

Midnight Express, No Way Out, Casino Royale and many more!

Favourite book?

The Kite Runner
Tess of the D'Urbervilles

Favourite bands/music

Snow Patrol, Amy Winehouse, The Killers, James Blunt, Frank Sinatra, and many others!!

Favourite song?

Chasing Cars by Snow Patrol
You've got a Friend by James Taylor
Take a Look at Me Now by Phil Collins

What is your favourite meal?

Curried prawns when cooked by Howard (husband) a la Delia

Who would be your ideal date?

Daniel Craig or Sean Bean

Do you have a top tip?

If you put a pin through the stem of a tulip under the head it will never flop

What is your proudest moment?

Anything to do with my children when they succeed with something

Do you have any hobbies?

Working on my allotment, patchwork, tapestry, knitting, walking my cocker spaniel, swimming and skiing

What is your most amusing moment at work?

The day the transvestite came onto the female ENT ward to have his/her tonsils out

Thanks Kate for sharing this with us.

Welcome back...safe and sound

Janet Garland



returned to her post at Musgrove following a period of service with the TAs in Afghanistan.

Welcome to.....

Oliver Green
Born at 14.05 on
the 25th May
2008



Returning from maternity leave

Fiona Noble,
Ardana Bioscience



Alexandra

Sam Spiro
SCA



Jamie



JACQUI JOHNSON

It was with tremendous sadness that members heard the news of the death of Jacqui Johnson. This picture was taken at the AGM last year.

Debbie Yarde represented SWACA at the funeral

'...the chapel was packed and I would estimate that there were at least 80 young people standing at the back and around the sides. The sun shone as "walking on Sunshine" was played and the address written by Jacqui's husband evoked her bubbling personality so well. Despite this it was by no means a morbid affair although very moving'

!!! YIPPEE!! NEW MEMBERS!!!

Joining our select group this year are

Dena James, Continence Advisor, Nth Somerset PCT, Pill Health Clinic.
Sarah Nolan, Continence Advisor, Bristol PCT
June Skinner Specialist Nurse for Continence
Andrea Moore, Research Nurse, Biomed Centre, Southmead Hospital
Joy Hillyard, Continence Nurse Specialist, Bournemouth PCT

Welcome everyone we hope to see you all at our meetings

Member's comments on the evaluation forms for the AGM meeting

We have taken notice of what you have said in planning the programme for the rest of the year. Please let us know if it meets your requirements

Question 2: What have we got right?

All good enjoyed the lot, Lots of information Interesting speakers. Nice venue/lunch, Lots of information (several), Promocon/Debra Evans (several). New into service and therefore topics highly interesting. Sessions linked well together. Gives us the opportunity to broaden our horizons face to face, rather than with journals etc. Essential for peer support and sharing information, length of day friendly and approachable unaware of NHS innovations dept.....

Question 3: What do you think needs to improve?

Slightly later start. Can we have coffee at 9.30 for a prompt 10am start? I prefer more clinical input, more Q & A session on difficult conditions that people have come across in the field. Can't think of anything

Question 4: What would you like further information on?

OT and continence issues. Dementia
Behavioural issues. Communication aids. Jo Laycock assessment information. Pelvic floor exercises update. Learning disability .Recent research, in-depth of medication, including action of antibiotics/anticholinergics. Prostate assessment. Outflow obstruction. BPH medicines. MS. PD. Diabetics. Spinal cord bladder and bowel management. ISC. Bowel management
Flow rates/urology input. Enjoyed today thank you for all your hard work and commitment.

Forward planning!

If any members would like to share information relating to work they are involved in or research undertaken, please let us know so that you can be included on the programme.

Tuesday 16th June, Mount Gould, Plymouth

Provisional Programme
Getting started in research : Sharon Eustice
Prolapse:
Company Representatives
Surgical management of prolapse (pessaries etc)
Catheter Audit: Hannah Braine
Business meeting

Monday 21st September, Winford Unit, Southmead Hospital

Provisional Programme
Business meeting
Understanding and interpreting urodynamics:
Understanding OAB:
ACA Update: Ann Yates
Company Representatives
Feedback from the Biomed Centre
Clinical Workshop
Close

SW ACA STUDY DAY
Thursday 8th October 2009
Padbrook Park, Cullompton,
<http://www.padbrookpark.co.uk/>.

AGM Thursday 14th January 2010
Oake Manor

We are here for you and need you to tell us what you would find beneficial
E-mail comments, ideas and suggestions to any member of the committee and we will do our best to develop an interesting, vibrant and worthwhile programme to support you in your practice



"I'm sorry - you have the wrong language"

A plea from Sheila Boswell

I am trying to find company's that do translation guides for carers using their products

Sheath fitting and pad fitting would be especially useful. Particularly in Polish, Ukraine and Pilipino

It's a real nightmare trying to get the message over sometimes and thought it would help best practice etc

If any of our corporate members would be able to help Sheila please let me know as I am sure that there are many of our members who would like information about this material...Maria

Challenges Ahead



What does 2009 have in store for the Branch?

What type of programmes do the members wish to see?

Shall we have a study day...if so, what should we include and more importantly how do we ensure that it is a great success?

Everyone is so busy, it is difficult to spare a few moments to consider these issues, however, please can I appeal to you all to spend a few moments reflecting on what you would like from the group, how we could improve our membership and what skills you have that you would be willing to contribute to 'spread the word'

Look forward to hearing from you!

Committee members

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