

# TASTE THE DIFFERENCE CHALLENGE!

What decaffeinated drink did you try?

Tea  Coffee

Can you tell it's not caffeinated?

Yes  No

What do you prefer?

Decaffeinated  Caffeinated

No preference

Caffeine in tea and coffee can irritate the bladder and cause a need to rush to the toilet, and potentially increase your risk of falls. Knowing this, would you switch to decaffeinated tea or coffee?

Yes  No

Ward/Other:

Housekeeper name:

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