



Association for Continence Advice

Driving Excellence in Bladder and Bowel Care

MOOC (Massive Open Online Course)

Understanding Continence Promotion: Effective Management of Bladder and Bowel Dysfunction in Adults

The ACA have developed this unique & extensive online learning course, in partnership with FutureLearn.

The course offers you the opportunity to develop the skills to work with adults with different types of continence problems and understand effective treatments.

What topics will you cover?

- Continence paradigm & principles of continence promotion with adults
- Structure and function of the bladder and bowel
- Experience of common bladder & bowel conditions
- Bladder and bowel assessment, dysfunction identification & management planning to provide the 'right care' from the outset
- Effective conservative interventions
- Other treatment options for bladder & /or bowel dysfunction ... and much more

Every course run has a set start date but you can join it & work through it after it starts.

Who is the course for?

The course is for all healthcare professionals who have an interest in or are Specialists in bladder & bowel care.

If you are continence professional in the UK or Ireland, the ACA are offering **free upgraded access** to this course to **new and existing full members**. Please contact the ACA to take advantage of this offer.

Accessing the Course?

Access via the Home page of the ACA website
Follow the link listed under the 'MOOC' banner

www.aca.uk.com